

Name: _____

Module B Review Exercise, 10/22/04

Respond to the following questions concisely (try to fit *within the provided space*). Note that the questions are open-ended and challenging. However, this is a good opportunity for you to demonstrate your understanding of the course materials, as well as your ability to *apply* them to real-life problems.

1. Suppose that you are married and a husband who has an attachment type different from yours [attachment types: (A) secure, (B) dismissing/avoidant, (C) preoccupied/ambivalent, (D) unresolved/disoriented]. Although you may assume any combination, consider your own attachment type for yourself, if possible. **Discuss potential problems between you and your husband and how you two would resolve the problems, explicitly referring to the development model (emotion-memory-brain table) discussed in the last class.** Note: If you are still not comfortable with the distinction among the three “insecure” attachment types (B through D above), you may do this exercise using only the distinction between “secure” and “insecure” attachment types.

Quote: “Choosing a partner is choosing a set of problems” Dan Wile (1988) in *After the Honeymoon*

2. **Discuss your parenting “principles,”** *explicitly referring to the development model (emotion-memory-brain table) discussed in the last class.* Note that principles are ideas that would apply to various situations, not just specific *how to*'s. To test the generality of your principles, you might consider different scenarios, e.g., parenting with your husband, single-parenting, adopting a child, caring your grandchildren, caring other people's children as a job, etc. You may discuss your own and other people's examples only if that is helpful for you to refer to the model.

Quote: “We can forget our childhood, but we cannot deny it” anonymous recording in California

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